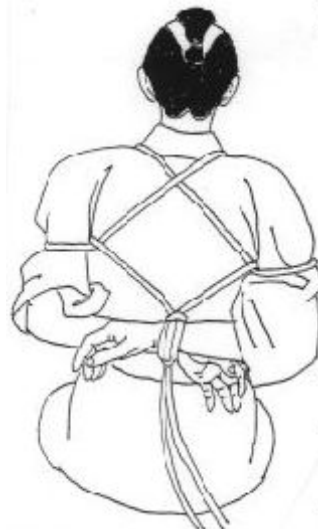


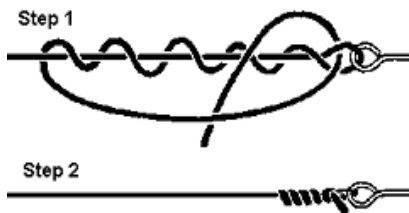
Misc



Prisoner Cross



Prisoner Diamond



Clinch Knot
Fishing Hook

Survival Knots & Rope Skills

The knots contained in this handout are what I feel like are the most common knots that a person would use in a survival or combat situation. While there are resources that have 100's of knots listed in their pages, it is not necessary to learn near this many, and a handful of knots will normally make do when making traps, setting up camp, restraining an attacker and so on.

Type of ropes

Ropes can be made of nylon, polyethylene, polyester or natural fibers. But I feel like that for most survival packs that only 2 different types of rope are needed. First Nylon Twine, this comes in a spool of a couple 100 feet, even thou it is thin, it's almost impossible to break with your hands.



Second is another type of nylon cord called 550 Para shoot Cord, This is a common cord that the military uses, and the



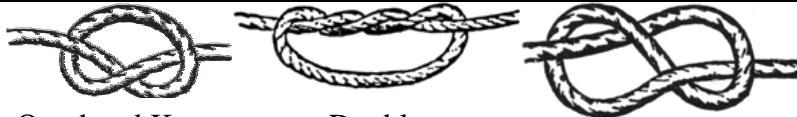
Rangers even train to repel down mountains with this stuff (not recommended to try). The 550 is its weigh limit of 550 pounds. Inside of the outer shell is several individual nylon stings that can be used individually if needed. Beware of the FAKE Para shoot cord that just has a spongy core of nylon, this fake kind can almost be squeezed flat.

Cutting Rope

When cutting rope is will of course begin to unravel, to stop this from happing you have three options.

- Tie and overhand knot on each end
- Melt the ends of an open flame (ideal for nylon)
- String Lashing or Tape Lashing

STOPPER KNOTS



Overhand Knot
Jams

Double
Overhand Knot
Jams

Figure 8 Knot
Does Not Jam

Less likely to roll in on itself

TWO ROPES



Sheet Bend

Does not Jam

Make sure to have both ends of rope
on SAME side at the end

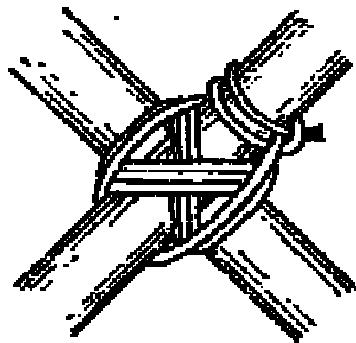
Double Sheet Bend

Use for extra security or if ropes are differ-

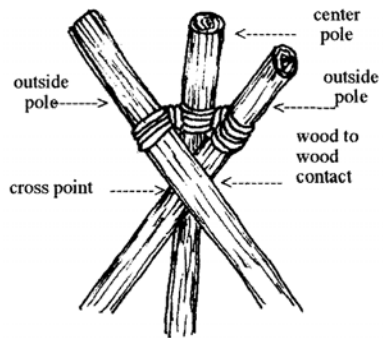
Fisherman's
Jams



LASHING

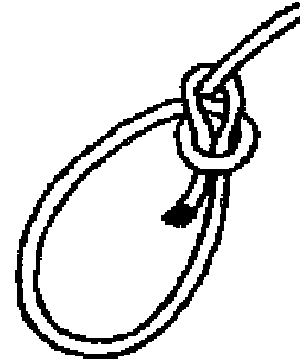


Diagonal Lashing



Tripod Lashing

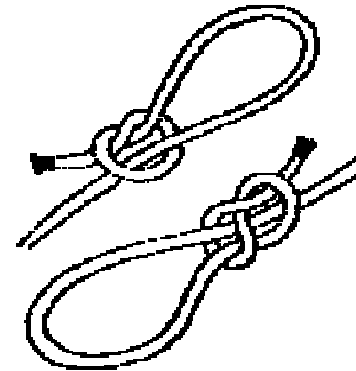
LOOPS



Bowline

Does Not Jams

+ Half Hitch on End for Security

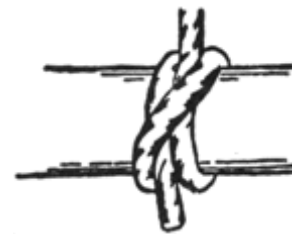


Noose

For trapping

Bowline Noose

The above Bowline and insert the loose
end of rope into loop



Clove Hitch

Tight line to a tree

Double
Figure
8 Loop
Jams



Hangman's Noose

Holds firmer than Noose

